

Self-Esteem for Peak Achievement™

MISSION:

Build Self Confidence to Achieve Challenging,
Satisfying Results Repeatedly

YOU WILL LEARN HOW TO:

- ▶ Utilize the power of self-control.
- ▶ Use practical “how-to methods to raise self-esteem quickly.
- ▶ Look like you’re on top of the world - when you’re NOT.
- ▶ Get control over multiple priorities and discover your personal mission;
all else follows naturally.
- ▶ Overcome negative people and conflict.
- ▶ Make stressful encounters positive and productive.
- ▶ Change OTHER PEOPLE’s difficult attitude.
- ▶ Become a “Peak Performer.”
- ▶ Succeed from adversity and failure.

SEMINAR ATTENDEES SAY IT BEST:

“After 38 years, I now know it’s okay to like myself or who I am, and feel comfortable with it.”

– Marilyn Hamilton, Social Work Secretary, Toronto, ON

“This program acts as a catalyst for you to discover how to enhance your life and achieve your goals in a very entertaining and enjoyable day.”

– Kara Flynn, Volunteer Coordinator, Wainwright, AB

“The ideas that were presented, I am sure, will drastically change my future potential.”

– Neil Dueck, N & R Dueck Builder Mart of Canada, Arbor, BC

