

G.O.A.L. Master™

MISSION:

To Master the 13 Stepping Stones of Goal Attainment

YOU WILL LEARN HOW TO:

- ▶ Clarify your purpose.
- ▶ Put balance in your life.
- ▶ Choose your goal according to a 10-point test.
- ▶ Gain support from your family.
- ▶ Create short- and long-term goals.
- ▶ Make a real commitment.
- ▶ Set deadlines.
- ▶ Light a fire of intense burning desire.
- ▶ Ensure your success in reaching your goals.

SEMINAR ATTENDEES SAY IT BEST:

“I found that the seminar really made me think about my life and career, and the direction in which I am headed in both areas.”

– *Linda Gould, Accounting, Blue Cross*

“My mind is now racing with thoughts of goals that I didn’t “think” I had time for.”

– *Andrew Hamilton, Production Control, Datarcor Atlantic Inc.*

“G.O.A.L. Master made me realize what I have been putting off.
If I want to do something with my life, I have to begin now!
I am going to set goals for myself.”

– *Name Withheld, Alberta Teachers' Association*

“Enthusiastically makes you reflect upon your life and want to implement change immediately.”

– *Marie Josee Martin, Actuarial Assistant, Blue Cross*

